



Beach Yoga

∼Beach yoga at Ohama Beach in Ishida-cho∼

Heal your daily fatigue at this beautiful nature spot on Iki where you can hear the waves and feel the sea breeze. Align your breathing and gently move your heart and body into harmony. Those who are beginners to yoga, have stiff bodies, and/or are men are greatly welcomed! Ohama's ocean waters are very clear, and given that this area has a private beach feeling you can feel assured that you can relax here!

Period	All year (Monday to Friday)
Acceptance conditions	Translation app is used
Leader	Iki Island Sandy Beach Society
Place	Ohama Beach
Number of people	2 to 6 people (please contact us if registering preschoolers or elementary aged children)
Time	60 minutes
Fee	3,000 yen/person
Cancellation fee	Day before the scheduled event: 50% Day of: 100% XThis is cancellation for self-convenience of applicant excluding cancellation by organizer caused by bad weather
Reservation	7 days before
At the time of rainy weather	Cancellation (besides rain, there may also be cancellations due to strong wind)
What to bring	Mobile clothes, drink, towel, sunscreen
Contact	Iki City Tourism Federation (Telephone) 0920-47-3700 (Reservation reception desk) weekdays 8:30-17:15



Sandy Beach Walk Experience (with guide)

~Fully enjoy the beaches of Iki as you walk along a boardwalk!~ There are 10 beaches of varying sizes gathered in Ishida-cho. There is a boardwalk that connects these beaches that you can walk along with a guide while taking in the beautiful scenery. You can also pick up various kinds of seashells. Try and find the various kinds of tellin shells.

The Winged Hill superb view photo spot and Heart Rock are a must see.

Period	All year (Monday to Friday)
Acceptance conditions	Translation app is used
Leader	Iki Island Sandy Beach Society
Place	Ishida-cho sandy beach walk course
Number of people	2 to around 30 adults (children cannot apply alone)
Time	120 minutes (14:00~16:00 and any other time)
Fee	Adult: 2,000 yen/adult Children: 1,000 yen/child
Cancellation fee	Day before the scheduled event: 50% Day of: 100% %This is cancellation for self-convenience of applicant excluding cancellation by organizer caused by bad weather
Reservation	1 day before
At the time of rainy weather	Cancellation
What to bring	Mobile clothes, drinking water
Contact	Iki City Tourism Federation (Telephone) 0920-47-3700 (Reservation reception desk) weekdays 8:30-17:15





Sea Kayaking Experience

~ Explore an uninhabited island by sea kayaking! ~

Enjoy the adventure of sea kayaking around an uninhabited island off the coast of the famous Iki Deai-no-Mura in Kurosaki peninsula near Monkey Rock. Encounter the beautiful ocean and coral in the Yunomoto Gulf.

In the summer you can also do some snorkeling around the uninhabited island.

Period	From March to October
Acceptance conditions	N/A
Leader	Iki-Deai-no-Mura Promotion Society
Place	Iki-Deai-no-Mura (<u>Google Map</u>), the Gulf of Kurosaki Peninsula
Number of people	2 to 20 people
Time	①10:00~ ② 14:00~ 120 minutes
Fee	3,100 yen (adult), 2,400 yen (child) ※Elementary school age and older ※Insurance and rent of gear included
Cancellation fee	Day before the scheduled event: 50% Day of: 100% XThis is cancellation for self-convenience of applicant excluding cancellation by organizer caused by bad weather
Reservation	2 days before
At the time of rainy weather	Cancellation
What to bring	There is rental gear provided Clothes that may get wet
Contact	Iki City Tourism Federation (Telephone) 0920-47-3700 (Reservation reception desk) weekdays 8:30-17:15



Ikikoku Sea Kayak Experience

\sim Experience an ancient sea route by sea kayaking \sim

Feel over 2,000 years of eternal romance as you explore the Japan Heritage sites of the "Harunotsuji Ruins" and "Uchime Bay." The rumored power spot, Kojima Shrine, can be accessed over water. If you're lucky you might even be able to pass through the tori gate while kayaking.

Period	Until November 4th (only at the time of high tide) ※Inquiry required ※Not available from November 5th to the end of February
Acceptance conditions	In the case you are with interpreters, it is acceptable
Leader	Ikikoku Research Society
Place	Aoshima Park, parking lot (<u>Google Map</u>)
Number of people	2 to 15 people
Time	120 minutes
Fee	3,500 yen (adult) 2,500 yen (child) ※Elementary school age and older ※Insurance and rent of gear included
Cancellation fee	Day before the scheduled event: 50% Day of: 100% %This is cancellation for self-convenience of applicant excluding cancellation by organizer caused by bad weather
Reservation	2 days before
At the time of rainy weather	Determined by waves and tide level
What to bring	Water-proof bag rental – 100 yen Clothes that may get wet
Contact	Iki City Tourism Federation (Telephone) 0920-47-3700 (Reservation reception desk) weekdays 8:30-17:15



Starlit Sky Appreciation

Starry valley bathed in the radiance of the night sky
Guaranteed to release the stress from busy city life!
Sit around a bonfire while you slowly dose off in peace~☆

Period	All year
Acceptance conditions	N/A
Leader	Iki Child Theater
Place	Tsutsuki Beach Fureai Hiroba Campground (<u>Google Map</u>)
Number of people	4 to 10 people
Time	90 minutes
Fee	3,700 yen/person ※There are the options for drinks and/or winter camping
Cancellation fee	Day before the scheduled event: 50% Day of: 100%
Reservation	3 weeks before
At the time of rainy weather	Cancellation
What to bring	Clothes which may become dirty
Contact	Iki City Tourism Federation (Telephone) 0920-47-3700 (Reservation reception desk) weekdays 8:30-17:15